

Quest Food Management

000522 - bread- wheat dinner roll :	Components	Attributes
HACCP Process: #2 Same Day Service Number of Portions: 50 Size of Portion: roll	Meat/Alt: Grains: 1 oz Fruit: Vegetable: Milk:	

Ingredients	Measures	Instructions
902954 bread turano white ww dinner roll...	50 roll	

*Nutrients are based upon 1 Portion Size (roll)

Calories	100 kcal	Cholesterol	0 mg	Protein	4.00 g	Calcium	0.00 mg	13.50%	Calories from Total Fat
Total Fat	1.50 g	Sodium	150 mg	Vitamin A	0.0 RE	Iron	1.44 mg	0.00%	Calories from Saturated Fat
Saturated Fat	0.00 g	Carbohydrates	20.00 g	Vitamin A	0.0 IU	Water ¹	0.00 g	0.00%	Calories from Trans Fat
Trans Fat ¹	0.00 g	Dietary Fiber	2.00 g	Vitamin C	0.0 mg	Ash ¹	0.00 g	80.00%	Calories from Carbohydrates
								16.00%	Calories from Protein

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

¹ - denotes optional nutrient values